

# WORKING FROM HOME? BE

# CYBER AWARE

Protect yourself and your company from the risk of cyber-attack by understanding common threat vectors and how you should respond to them.

## YOU ARE THE HUMAN FIREWALL



### PHISHING

#### WHAT IS IT?

Like fishing but you are the fish. Attackers use emails as bait to get you to click links and open attachments that install damaging malware.

#### REMEMBER...

- ✗ Be CERTAIN before you open or click. If you are unsure, ask a member of Group IT to qualify the link.



### VISHING

#### WHAT IS IT?

Like phishing, but attackers try to get you to click links, open files or tell them personal information over the phone.

#### REMEMBER...

- ✗ Verify any suspicious calls by checking information with a second source.



### SMISHING

#### WHAT IS IT?

Like phishing, but over SMS.

#### REMEMBER...

- ✗ Don't click SMS links! (and don't reply, as sometimes it's to exploit a premium rate service).

### HOW TO SPOT IT

- 🚨 It appears urgent
- 👤 It looks official (Check email address is right)
- 🤝 The message begins and/or ends with a generic greeting
- 📄 It asks for personal information
- 📄 Layout, design and language might not 'feel' right

### HOW TO SPOT IT

- ? You have never spoken to the person before
- 📞 They called you, you didn't call them
- 📞 Their call demands an urgent response
- 📞 Their story is that a process has failed and that their request is routine/no big deal
- 📞 They claim to be a colleague or work for company that is important (e.g. the bank, delivery provider, customer, partner)

### HOW TO SPOT IT

- ? You have never received messages from this number before
- ? You don't recognise the number (if shown)
- 🏢 It uses the name of a well-known brand (e.g. Post Office)
- 👉 It contains a link and asks you to use it

### EXAMPLES

“ CURE FOR COVID-19 ”

“ CHANGE OF BANK REQUEST ”

“ COVID-19 – DONATE TO HELP THE FIGHT ”

“ WORLD HEALTH ORGANISATION (WHO)... VIRUS ALERT ”

Phishing and its variants are part of a larger group of social engineering exploits. IT-driven solutions cannot fully protect against social engineering because they encourage humans to do things that are against good cybersecurity policy!

## DO'S AND DON'TS

### Do's

- ✘ Change **passwords** regularly
- ✘ Use **strong passcodes** on all mobile devices
- ✘ Keep web browsers and **antivirus patched**
- ✘ Verify **suspicious incidents** with secondary sources
- ✘ **Scrutinise** all URLs
- ✘ **Report incidents** to the IT team immediately
- ✘ **Educate yourself** and those around you
- ✘ **Be sceptical** and **vigilant**

### Don'ts

- ✘ Reuse **passwords** or use **obvious phrases**
- ✘ Volunteer **information** to strangers
- ✘ Click on unsolicited email **attachments** and embedded **links**
- ✘ Bypass mobile device **encryption**
- ✘ Plug **unknown USB** drives into **your computer**
- ✘ **Fear** getting in trouble for reporting issues
- ✘ **Assume** you will not be **attacked**

**THEREFORE, IT IS VERY IMPORTANT TO BE VIGILANT AT ALL TIMES!!**

# TOP 10 MOST DANGEROUS PASSWORDS

## REMEMBER

- ✘ Change **passwords** regularly
- ✘ Don't use the same password across **multiple systems**
- ✘ **Avoid** names, places and colours
- ✘ **The best** passwords can't be found in a dictionary!

1. password

2. hello

3. cat

4. dog

5. asdfg

6. qwerty

7. 12345

8. p@55w0rd

9. H3110

10. P4\$\$w0rd

## HAVE YOU BEEN ATTACKED

### TAKE THESE STEPS QUICKLY IF:

- You have experienced a social engineering attack
- You believe you may have been infected by malware
- You believe there has potentially been a compromise of confidential information

### STEPS

- Stop using your computer/device – turn it off immediately
- Alert your local IT team where applicable
- Forward any suspicious content to a known IT support email address
- Await further instructions

## THESE ATTACKS CAN HAPPEN TO ANYONE.

Please do not be afraid to raise the alarm as soon as possible even if you are worried you have done something wrong.

## What to do if you suspect a compromise?

Raise a security incident by emailing your IT support or call an IT support person.

**Do not be afraid to report incidents if you made a mistake**



Place your  
company logo here